

# März 17



## Monatsplan NLA SCL Tigers (Eiszeiten)

	<b>MONTAG</b>	<b>DIENSTAG</b>	<b>MITTWOCH</b>	<b>DONNERSTAG</b>	<b>FREITAG</b>	<b>SAMSTAG</b>	<b>SONNTAG</b>
<b>1</b>	<b>27.02.2017</b>	<b>28.02.2017</b>	<b>01.03.2017</b>	<b>02.03.2017</b>	<b>03.03.2017</b>	<b>04.03.2017</b>	<b>05.03.2017</b>
	Ice Training 10.30 - 12.00	Ice Training 11.00 - 13.15	DAY - OFF	Ice Training 11.15 - 13.15	Ice Training 11.00 - 12.00	Ice Training 11.00 - 12.00  19:45 Ambri - SCL Tigers	Regeneration
<b>2</b>	<b>06.03.2017</b>	<b>07.03.2017</b>	<b>08.03.2017</b>	<b>09.03.2017</b>	<b>10.03.2017</b>	<b>11.03.2017</b>	<b>12.03.2017</b>
	Ice Training 10.30 - 12.00	Ice Training 11.00 - 12.00  19:45 SCL Tigers - Kloten	DAY - OFF	Ice Training 11.15 - 13.15	Ice Training 11.00 - 12.00	Ice Training 11.00 - 12.00  19:45 Fribourg - SCL Tigers	Regeneration
<b>3</b>	<b>13.03.2017</b>	<b>14.03.2017</b>	<b>15.03.2017</b>	<b>16.03.2017</b>	<b>17.03.2017</b>	<b>18.03.2017</b>	<b>19.03.2017</b>
	Ice Training 10.30 - 12.00	Ice Training 11.00 - 12.00  19:45 SCL Tigers - Fribourg	Ice Training 12.00 - 13.15	Ice Training 11.15 - 13.15  19:45 SCL Tigers - Ambri	Ice Training 11.00 - 12.00	Ice Training 11.00 - 12.00  19:45 Kloten - SCL Tigers	Regeneration
<b>4</b>	<b>20.03.2017</b>	<b>21.03.2017</b>	<b>22.03.2017</b>	<b>23.03.2017</b>	<b>24.03.2017</b>	<b>25.03.2017</b>	<b>26.03.2017</b>
	Ice Training 10.30 - 12.00	Ice Training 11.00 - 12.00  Game-day	Ice Training 12.00 - 13.15	Ice Training 11.15 - 13.15  Game-day	Ice Training 11.00 - 12.00	Ice Training 11.00 - 12.00  Game-day	Regeneration
<b>5</b>	<b>27.03.2017</b>	<b>28.03.2017</b>	<b>29.03.2017</b>	<b>30.03.2017</b>	<b>31.03.2017</b>	<b>01.04.2017</b>	<b>02.04.2017</b>
	Ice Training 10.30 - 12.00	Ice Training 11.00 - 12.00  Game-day	Ice Training 12.00 - 13.15	Ice Training 11.15 - 13.15  Game-day	Ice Training 11.00 - 12.00	Ice Training 11.00 - 12.00  Game-day	Regeneration